

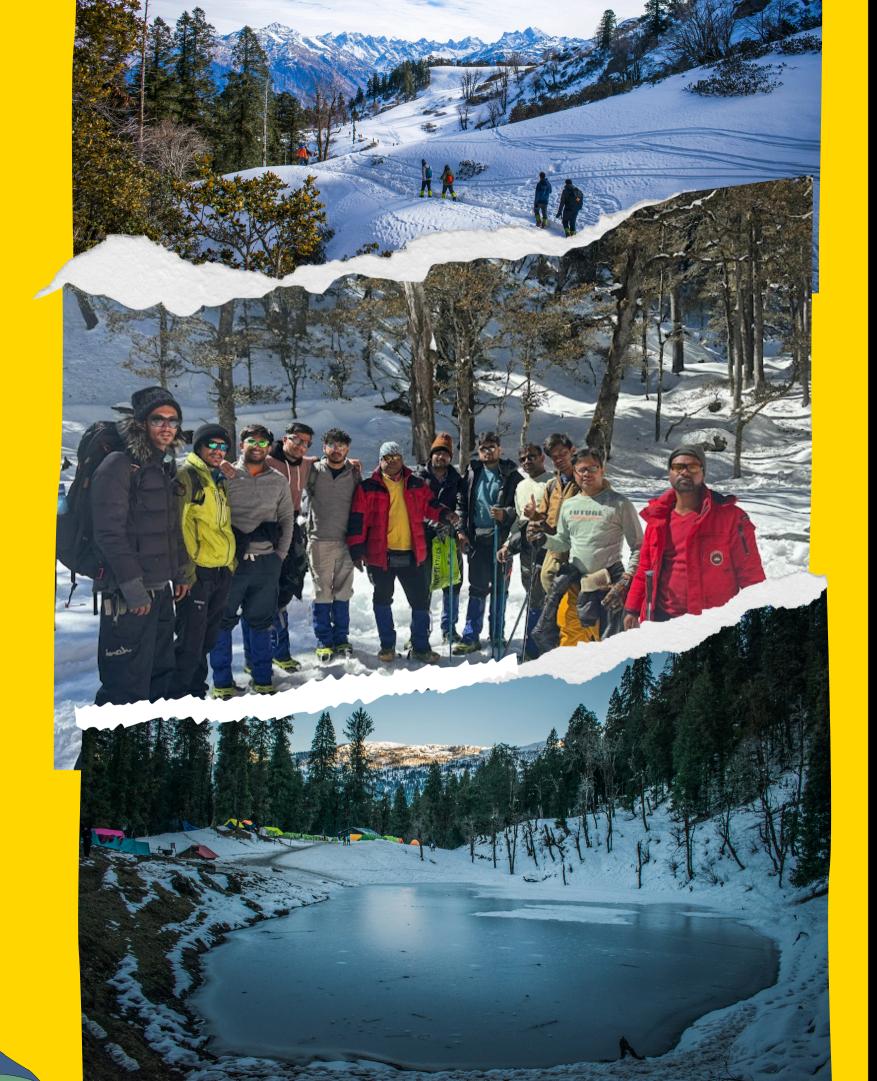




### **OVERVIEW**

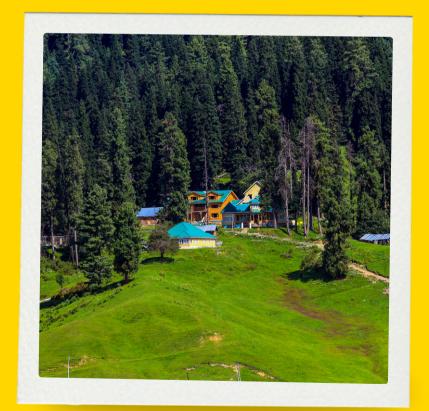
The Kedarkantha Trek is a quintessential high-altitude winter trek in the Indian state of Uttarakhand. Kedarkantha Trek offers a unique opportunity to explore the snow-covered landscapes of the Himalayas and a great experience of trekking in Uttarakhand. The easy endurance of the trail makes it one of the Best Treks for Beginners in Uttarakhand and also for seasoned trekkers. The spellbinding views from the summit make the 12,500 ft climb totally worth it.

The trek also consists of some of the most beautiful campsites, in the vicinity of pine covers and amidst the snow. You can witness stunning sunrises and sunsets from your campsites and bask in the tranquillity of nature. The view from the summit is unlike anything you've ever seen. You can view the majestic Yamunotri and Gangotri peaks along with the Black Peak, Bandarpoonch, and the Swargarohini group of peaks. The best time to do the Kedarkantha Peak Trek is during the months of December–January and March–April as you will find an abundance of snow during that time, making for a magical experience. An ideal trek for both adventure and nature lovers, this beauty of the trek makes it the <u>best winter trek</u> in the country.





### Destination Highlights



koti kanasar

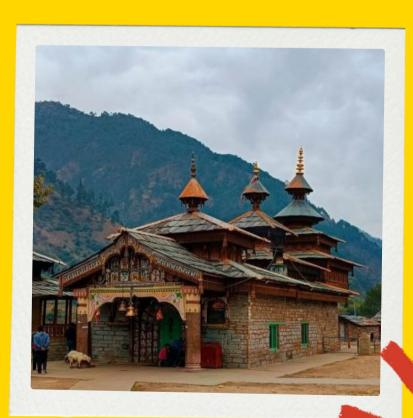


Tiuni- Cottage Stay

### Kedarkantha summit



Hanol temple





## tinerary







2nd Day

#### Dehradun to Tiuni 99 196.3 Km 1 8hr-9hr

- Morning: Start from dehradun and drive to tiuni, passing through the scenic view
- Sight seeing: visit to koti kanasar
- Arrival at tiuni: hike 900m to our cottage by the tons rivers
- Welcome: Enjoy a non-alcoholic welcome drink
- Evening: relax, hearty dinner, Bon-fire, music
- Overnight: stay in cozy wooden cottages





- Morning: After breakfast, site-visit Hanol temple.
- Travel: Drive to Sankri with a packed lunch.
- Trek: Start your trek from sankri to juda ka talab.
- Evening: Enjoy snacks and dinner at the campsite.
- Overnight: camp under the stars at juda ka talab.

#### Juda-ka-Talab to Base Camp 9 4 Km 4 hr 55 min

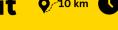
- Morning: Enjoy breakfast and take photos of the frozen lake aka juda ka talab
- Trek: Hike to the kedarkantha base camp through forest and landscapes
- Arrival: Settle into the base camp at afternoon
- Evening: Relish snacks while watching the sunset over the peak
- Night: After dinner, stargaze and share stories around the campfire
- sleep: Rest in your tents, surrounded by the serene beauty of the himalayas







#### Base Camp To Summit 9<sup>20 km</sup> O 7 hr 30 min





- Early Start: Have an early breakfast and gear up for the summit
- Summit Trek: Hike to the kedarkantha summit, enjoying the sunrise
- At the top: take in the stunning 360\* mountain view
- Descend: trek back down to juda ka talab, savoring the iourney
- Evening: Relish snacks and hearty dinner at the campsites



#### Return to Sankri and Dehradun 9,200 km 10hr





- Morning: Enjoy breakfast and prepare for the descent
- Trek Down: Hike back down to sankri, relishing the scenery and drive to dehradun
- certificates: Receive your achievement certificates with pride
- Travel: Begin your journey back to dehradun
- Memories: reflects on your trek experiences shared
- Arrival: Reach Dehradun, Marking the end of your journey
- Farewell: bid farewell to your fellow trekkers
- homebound : Return home with unforgettable memories and a sense of achievement



### Points to Remember

00

Acclimatize	properly	y to hig	h altitude.

- Conserve precious water.
- Avoid night trekking unless guided.
- Do not use earphone: they hinder hearing.
  - No plastic bags, preserve ecology.
- Present valid ID at check in.
- Location shared post booking.
- Guided ensure safety and give information.
- Fresh water and drivers provided for hills.
- Except basic camping; no luxuries.
  - Electricity is rare; don't except it.
- Bring dry snacks/food and refillable bottels.
- Minimize luggage to avoid hassle.
- Wear thermals/jacket for 8\*C to 15\*C day and 3\*C TO -5\*C night.
- Pack warm cloths and proper shoes.
- Kids under 7 not recommended.
- Follow leaders and guides for the safety.
- Kedarkantha is eco- friendly; no lettering.
- Personal expenses ,items and meals not included.
- Porter and luggage check-in charge extra.





# things to carry

**Base Layers: Thermals (top and bottom)** 

Insulation Layers: Fleece jacket, down jacket (for cold nights)

Outer Layers: Waterproof and windproof jacket and pants

**Trekking Pants: Quick-dry pants for trekking** 

Socks: Woolen socks for cold nights, synthetic socks for trekking

Gloves: Waterproof and warm gloves

Head gear: Woolen cap or beanie to cover your ear, neck gaiters

Trekking Boots: Sturdy, waterproof, with good grip

Camp Shoes: Lightweight sandals or flip-flops (for resting at campsites)

Backpack: 40-60 liters, with rain cover

Water Bottles: At least 2 liters, or a hydration bladder

Snacks: Energy bars, dry fruits, chocolates for quick energy boosts

**Sunglasses: UV protection (for snow glare)** 

Sunscreen: SPF 30+ to protect from harsh sunlight

Lip Balm: To prevent chapping in cold weather

**Moisturizer: For dry skin** 

First Aid Kit: Band-aids, antiseptic cream, painkillers, altitude sickness medication

**Personal Medications: If required** 

Toiletries: wet wipes, toothbrush, toothpaste Hand Sanitizer

ID Proof: Passport, driver's license, or Aadhar card

Camera/Phone: With power bank and extra batteries (cold drains batteries faster)

Dry Bags: To keep clothes and electronics safe from moisture

**Towel: Quick-dry towel** 

**Extra Plastic Bags: For wet or dirty clothes** 







